

The LoVetri Institute for Somatic Voicework™

July 2022 Online Participant Schedule – Level I Day 1

ALL ITEMS ON THIS SCHEDULE SUBJECT TO CHANGE AT THE DISCRETION OF MS. LOVETRI AND THE FACULTY.

Level I Day 1 – July 9, 2022

Session	Duration	Activity	Text pp
11:00 AM- 12:00 PM	60 min.	Welcome Short History and Philosophy of Somatic Voicework™ Mechanical and Technical Aspects	1-8 9-13
12:00 PM – 12:25 PM	25 min.	Terminology and Definitions	23-26
12:25 PM - 12:30 PM	5 min.	Movement	
12:30 PM – 1:15 PM	45 min.	Break	
1:15 PM – 1:45 PM	30 min.	Functional principles - Registers Belting	27–30 30–34
1:45 PM – 2:15 PM	30 min.	Breathing, posture, awareness	35-42
2:15 PM – 2:45 PM	30 min.	Dysfunction/Constriction	43-48
2:45 PM – 2:50 PM	5 min.	Movement	
2:50 PM – 3:30 PM	40 min.	Break	
3:30 PM – 4:45 PM	30 min. 30 min. 15 min.	What vocal exercises can and cannot do Application to registers, cross training Speech and singing	48-52 58-60 63-64
4:45 PM – 5:00 PM	15 min.	Short break	
5:00 PM – 5:30 PM	30 min.	Age Based Parameters	54-58
5:30 PM – 6:00 PM	30 min.	Review, Q/A	Review
6:00 PM – 7:00 PM	60 min.	Break	
7:00 PM – 7:40 PM	40 min.	Overview and comparison of Contemporary Commercial Music styles, Varied styles of repertoire	14-22 61-63
7:40 PM – 8:00 PM	20 min.	Q/A Jeanie works with a participant	Review

Optional Office Hours

Day 1 – 8:30 PM / Other Hours TBA

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July 2022 Online Participant Schedule – Level I Day 2

Level I Day 2 – July 10, 2022

Session	Duration	Activity	Text pp
11:00 AM – 12:30 PM	90 min.	Guest Vocal Health Lecture: Leah Ross-Kugler, MS CCC-SLP	
12:30 PM – 12:35 PM	5 min.	Movement	
12:35 PM – 1:15 PM	40 min.	Break	
1:15 PM – 1:30 PM	15 min.	How to isolate chest/head registers Instructions for Breakout #1	
1:30 PM – 2:30 PM	60 min.	Breakout #1: Isolate chest/head registers	
2:30 PM – 3:15 PM	45 min.	Break	
3:15 PM – 3:30 PM	15 min.	Bright Vowels/Dark Vowels; Registration vs Vowel Instructions for second breakout	
3:30 PM – 4:30 PM	60 min.	Breakout #2: Bright Vowels/Dark Vowels	
4:30 – 4:45	15 min.	Short break	
4:45 PM – 5:15 PM	30 min.	Voice Science, formants, resonance	33-34
5:15 PM – 5:55 PM	10 min. 30 min.	Intake Form Practice Modules	78 74-77
5:55 PM – 6:00 PM	5 min.	Movement	
6:00 PM – 7:00 PM	60 min.	Break	
7:00 PM – 8:00 PM	60 min.	Live Q/A with Jeanie on Breakouts Problem Solving, Case histories Jeanie works with a participant	Review 66-70

Optional Evening Session:

8:30 PM – 9:30 PM	60 min.	Test Collaboration – meet with other participants and discuss the Level I Exam questions.
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Optional Office Hours

Day 2 – 9:30 AM and 8:30 PM / Other Hours TBA

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July 2022 Online Participant Schedule – Level I Day 3

Level I Day 3 – July 11, 2022

Session	Duration	Activity	Text pp
11:00 AM – 12:15 PM	75 min.	Emotion, Intention, Integrity, Language Anatomy diagrams, Kay Pentax video, Sundberg slides	71-73 Addendum
12:15 PM – 12:30 PM	15 min.	Mix: Instructions for Breakout #3	
12:30 PM – 12:35 PM	5 min.	Movement	
12:35 PM – 1:15 PM	40 min.	Break	
1:15 PM – 2:30 PM	75 min.	Breakout #3: Mix	
2:30 PM – 3:00 PM	30 min.	Break	
3:00 PM – 3:30 PM	30 min.	Exercises in Listening – live session with discussion	
3:30 PM – 4:00 PM	30 min.	Q/A on tests Google email group, SVW Teacher's Assn., Website	
4:00 PM – 4:25 PM	25 min.	Q/A on Breakouts Jeanie works with a participant	
4:25 PM – 4:30 PM	5 min.	Movement	
4:30 – 4:45	15 min.	Short break	
4:45 PM – 6:00 PM	75 min.	Live Q&A with Jeanie on Breakouts Jeanie works with a participant	Review

Optional Evening Activity			
7:00 PM – 8:00 PM 60 min.	Faculty Lecture with Michelle Rosen Helping Your Students with College Auditions	or	7:00 PM – 8:00 PM 60 min. Teaching Each Other Meet with others: practice listening for, teaching, and doing the Level I Breakout Skills: Chest, Head, Mix, Bright & Dark Vowels

Optional Office Hours

Day 3 – 9:30 AM and 8:30 PM / Other Hours TBA