

The LoVetri Institute for Somatic Voicework™

Tentative Online Schedule – January 2023

ALL ITEMS ON THIS SCHEDULE ARE SUBJECT TO CHANGE AT THE DISCRETION OF MS. LOVETRI AND THE FACULTY.

Level I Day 1, January 14, 2023

Session	Duration	Activity
11:00 AM – 12:00 PM	60 min.	Welcome, Short History and Philosophy SVW Mechanical and Technical Aspects
12:00 PM - 12:30 PM	30 min.	Terminology and Definitions
12:30 PM – 1:15 PM	45 min.	<i>Break</i>
1:15 PM – 1:45 PM	30 min.	Functional principles - Registers Belting
1:45 PM - 2:15 PM	30 min.	Breathing, posture, awareness
2:15 PM - 2:45 PM	30 min.	Dysfunction/Constriction
2:45 PM - 3:30 PM	45 min.	<i>Break</i>
3:30 PM – 4:45 PM	30 min. 30 min. 15 min.	What vocal exercises can and cannot do Application to registers, cross training Speech and Singing
4:45 PM - 5:00 PM	15 min.	<i>Short break</i>
5:00 PM - 6:00 PM	30 min. 30 min.	Age Based Parameters Q&A
6:00 PM - 7:00 PM	60 min.	<i>Break</i>
7:00 PM - 7:40 PM	40 min.	Overview and comparison of Contemporary Commercial Music styles, Varied styles of repertoire
7:40 PM - 8:00 PM	20 min.	Q&A / or Jeanie works with a participant

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Level I Day 2, January 15, 2023

Session	Duration	Activity
11:00 AM – 12:30 PM	90 min.	Guest Lecture: Vocal Health
12:30 PM – 1:15 PM	45 min.	<i>Break</i>
1:15 PM – 1:30 PM	15 min.	How to isolate chest/head registers Instructions for Breakout #1
1:30 PM - 2:30 PM	60 min.	Breakout #1: Isolate chest/head registers
2:30 PM – 3:15 PM	45 min.	<i>Break</i>
3:15 PM – 3:30 PM	15 min.	Bright Vowels/Dark Vowels; Registration vs Vowel Instructions for Breakout #2
3:30 PM - 4:30 PM	60 min.	Breakout #2: Bright Vowels/Dark Vowels
4:30 PM – 4:45 PM	15 min.	<i>Short break</i>
4:45 PM - 5:15 PM	30 min.	Voice Science, formants, resonance,
5:15 PM – 6:00 PM	45 min.	Intake Form Practice Modules
6:00 PM - 7:00 PM	60 min.	<i>Break</i>
7:00 PM – 8:00 PM	60 min.	Live Q&A with Jeanie on Breakouts Problem solving; case histories Jeanie works with a participant

Optional Evening Sessions

8:30 PM - 9:30 PM	60 min.	Test Collaboration - meet with other participants and discuss the Level I Exam questions.
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Level I Day 3, January 16, 2023

Session	Duration	Activity
11:00 AM – 12:10 PM	75 min.	Emotion, Intention, Integrity, Language Anatomy diagrams pp Addendum
12:15 PM - 12:30 PM	15 min.	Mix: Instructions for Breakout #3
12:30 PM - 1:15 PM	45 min.	<i>Break</i>
1:15 PM – 2:15 PM	60 min.	Breakout #3: Mix
2:15 PM – 3:00 PM	45 min.	<i>Break</i>
3:00 PM – 3:30 PM	30 min.	Exercises in Listening – live session with discussion
3:30 PM - 4:00 PM	30 min.	Q&A on Breakouts or tests
4:00 PM - 4:30 PM	30 min.	Google email group, SVW Teacher's Assn., Website
4:30 – 4:45	15 min.	<i>Short break</i>
4:45 PM – 6:00 PM	75 min.	Live Q&A with Jeanie on Breakouts Jeanie works with a participant
		<i>Certificates will be sent via email in the next few weeks.</i>