

# When Science Meets Soul: Soul Ingredients® Methodology Level I

## Tentative Daily Schedule

### Day 1 - Developing the Sound

Voice Technique: Helping students to develop their natural, emotive sounds in a manner that is sustainable and flexible. Guiding students to acquire the appropriate technique for their instrument and perception.

11:00 - 12:00 p.m.	Pedagogy in Perspective: Training the voice, training the style, developing the artist.
12:00 - 12:30 p.m.	Facilitating the journey: Establishing Vocal goals—Assessment to Endeavors
12:30 - 1:30 p.m.	<i>Break</i>
1:30 - 2:30 p.m.	Lecture: Tools for increasing anatomical awareness; Approach to Voice Conditioning
2:30 - 3:30 p.m.	Workshop: Voice Conditioning Exercises
3:30 - 4:30 p.m.	<i>Break</i>
4:30 - 6:00 p.m.	Voice Conditioning Exercises vs Style Conditioning Exercises; Introducing Style Conditioning Exercises: Examples in Jazz, Gospel, R&B, and Pop Rock
6:00 - 7:00 p.m.	<i>Break</i>
7:00 - 8:30 p.m.	Breakout #1: Voice Conditioning

### Day 2 - Developing the Style

Style Vocabulary, Cultural Context, Cultural Viability: Understanding and implementation

11:00 - 12:30 p.m.	Lecture: Examining vocal styles in a cultural context (i.e. what are the style parameters and from where does it stem)
12:30 - 1:30 p.m.	<i>Break</i>
1:30 - 3:30 p.m.	Workshop: Tools for improvisation and interpretation used in African American Folk Based music styles
3:30 - 4:30 p.m.	<i>Break</i>
4:30 - 6:00 p.m.	Workshop: Developing Style Conditioning Exercises; Implementing improvisatory tools for artistic expression
6:00 - 7:00 p.m.	<i>Break</i>
7:00 - 8:30 p.m.	Breakout #2: Style Conditioning

### Day 3 - Developing the Story

Storytelling: Musically articulating personality, personal expression, and experience

11:00 - 12:30 p.m.	Lecture: Exploring personality and pedagogic implications
12:30 - 1:30 p.m.	<i>Break</i>
1:30-3:30 p.m.	Workshop: Developing song interpretation—Tools for Nurturing emotional expression
3:30 - 4:30 p.m.	<i>Break</i>
4:30 - 6:00 p.m.	Masterclass
6:00 - 7:00 p.m.	<i>Break</i>
7:00 - 8:30 p.m.	Breakout #3: Interpretation